YOUR WAY TO A HEALTHY SMILE

Keep your teeth strong and healthy as long as you can

Learn about:

- Proper home and preventive care
- What medications and diseases affect your health?
- What is the connection with heart disease?
- What to do about dry mouth syndrome and teeth whitening?
- What is an implant and when is it needed?

**WHEN:** Tuesday, July 11th 2017
**TIME:** 9:00–10:30 am
**LOCATION:** YMCA OF MONTCLAIR
   Senior/Teen Center

For more information contact Washima Redding, Senior Health and Wellness Director at 973-415-6111 or wredding@montclairymca.org