STRONG SWIMMER CONFIDENT KID

SPRING 2019 PROGRAM GUIDE

SPRING 1 / REGISTRATION
MARCH 4 – APRIL 28
Family Members: Mon, Feb 18
Kinder and New Members: Mon, Feb 25

SPRING 2 / REGISTRATION
APRIL 29 – JUNE 23
Family Members: Mon, April 15
Kinder and New Members: Mon, April 22

The Geyer Family Branch will be closed Sunday, April 21 for Easter and Monday, May 27 for Memorial Day - classes are prorated.
OUR MISSION
The YMCA of Montclair welcomes all. We are a nonprofit that strengthens individuals, families and community by developing spirit, mind and body.

ABOUT THE GEYER FAMILY BRANCH
The Geyer Family Branch is a one-of-kind facility designed specifically for families to learn, grow and explore together. Our Y is dedicated to offering dynamic programs and classes for children 6 months – 6 years of age and their families. Your child can learn how to swim or dance, play sports in the gym, explore the arts, take a cooking class, become a hands-on scientist and adjust to an educational setting in our pre-school readiness programs — all under one roof. In the summer, we offer high-quality day camps for a variety of age groups. Whether it is learning important life skills in the pool, building self-esteem in the gym or unleashing their imagination and creativity in the arts, the Geyer Family Branch is “Where Kids Go to Grow!”

HOURS OF OPERATION*
Mon–Fri 8:30am – 8:30pm
Sat 8:00am – 5:30pm
Sun 8:30am – 5:30pm

*Hours of operation are subject to change. Please visit our website at montclairymca.org for the most current information.
PROGRAM REMINDERS
★ **Parent/Child** classes are for one child and one adult.
  - For the safety of your children and for program quality purposes, siblings are not permitted in the program area
★ **Child Only** classes are for children only.
  - In order to provide each child with the opportunity to learn and grow in an independent manner, we ask that parents and guardians do not enter the program area during class time. Parents and guardians are welcome to sit in the lobby areas. Most classes offer an observation day/recital at the end of the session.
★ The Geyer Family Branch is a **nut aware** facility
  - For the safety of all members and guests, please do not bring nut products into the building
★ Please refrain from standing in the Pool Hallway and sitting on the Pool Deck
★ For the safety and privacy for all participants, please refrain from taking photos and videos during classes
★ Program areas are closed if no class is in session
  - For safety purposes, please do not enter rooms not in use (for example: Small Gym, Large Gym, Nursery, Dance Rooms, Offices)
★ Class transfers/changes can only be made during the first two weeks of the session for program planning and staffing purposes (depending on availability)

REFUND POLICY
★ All membership payments are non-refundable and non-transferable
★ Should the YMCA of Montclair find it necessary to cancel a class due to low enrollment, a full refund will be issued on program fees
★ A 75% refund of program fees will be made if notice is given at least one week prior to the start of a program. Refunds will not be issued once a program session has started.
★ Due to safety reasons and instructor-to-student ratios, make-up classes will not be given for classes missed. Refunds and/or credits will not be issued due to absences.

PLEASE ASSUME WE ARE OPEN
★ **Inclement Weather**  We only send out an email notification if there is a closure. However, we do want to make sure that all our members and staff remain safe during any inclement weather event and we reserve the right to delay the opening or close the facility. Make-ups are not available for classes cancelled due to inclement weather due to scheduling conflicts and instructor/student ratios. Credits and/or refunds will not be given.
★ In case of inclement weather, members are encouraged to call the Geyer Family Branch at 973-783-7640 for up-to-date information regarding program cancellations, delayed openings or closures. There will be a staff member or recorded message informing you of our status.
★ **Holiday Observances**  The Geyer Family Branch and the YMCA of Montclair does not observe all holidays. If the facility is open during a holiday, we cannot issue credits, refunds, or make-ups for missed classes. Please plan accordingly.

FINANCIAL ASSISTANCE
The YMCA of Montclair strives to provide positive program and membership experiences for individuals and families, including those who are economically disadvantaged. Individuals and families who reside within our service area and would like more information regarding the financial assistance program are encouraged to visit the Geyer Family Branch to receive an application or visit our website at: montclaymca.org.

STAFF INFORMATION
Please visit our website at: montclaymca.org for information on our Leadership Team, Administration and Board of Directors.

REGISTRATION
**Online and in-person registration** is for current members who have an email address on file with the YMCA of Montclair. Due to high volume of in-person registrations, over-the-phone registrations cannot be accepted the first week registration opens. Online registration is encouraged. All fees are non-refundable except as indicated under the refund policy.

**Friendly Registration Reminders**  You may register online or in person on the registration date(s) that apply to your child. All children must have a current membership to participate in our programs and must remain current throughout the session. Please see a member service representative to verify your email address and login information prior to the registration date.

MEMBERSHIP INFORMATION
The YMCA of Montclair has different types of memberships to fit every family’s need. Registration for classes is done in the following order:
1) New Family Members with a current family membership.
2) Kinder and Youth Members with current memberships (only the child is a member of the YMCA of Montclair). Membership must be current and remain current throughout the session in order to register for classes.

**New Members and Renewals:**  Please contact our Welcome Center at either facility to renew your membership or to join. Membership must be current to enroll in any programs. Online registration is available for most classes. However, some classes require in-person registration which will be noted with the class descriptions.

MEMBERSHIP FEES

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>AGE</th>
<th>FEE</th>
<th>REGISTER</th>
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<tbody>
<tr>
<td>NEW FAMILY MEMBERSHIP</td>
<td>6 mo.–5 yrs.</td>
<td>included</td>
<td>Feb 18</td>
</tr>
<tr>
<td>KINDER (Child Only)</td>
<td>6 mo.–5 yrs.</td>
<td>$107 annual</td>
<td>Feb 25</td>
</tr>
<tr>
<td>YOUTH (Child Only)</td>
<td>6–12 yrs.</td>
<td>$117 annual</td>
<td>Feb 25</td>
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Please visit our website at: montclaymca.org for information on our Leadership Team, Administration and Board of Directors.
SPRING HAPPENINGS

MARCH
Fri, March 1
Sat, March 2
Sat, March 16
Fri, March 22
Fri, March 29
Staycation
Kids' Night Out
Kids' Night Out
Geyer United Basketball
An Evening With...
3 yrs. to 6 yrs.
6 mo. to 12 yrs.
4 yrs. to 8 yrs.
3 yrs. to 6 yrs.

APRIL
Sun, April 1
Fri, April 5
Sat, April 6
Fri, April 12
Mon, April 15
Tue, April 16
Wed, April 17
Thu, April 18
Fri, April 19
Sat, April 20
Sun, April 21
Mon, April 22
Tue, April 23
Wed, April 24
Thu, April 25
Fri, April 26
Staycation
Kids' Night Out
Kids' Night Out
Geyer United Soccer
Staycation
Staycation
Staycation
Staycation
Staycation
Kids' Night Out
3 yrs. to 6 yrs.
6 mo. to 12 yrs.
4 yrs. to 8 yrs.
3 yrs. to 6 yrs.
3 yrs. to 6 yrs.
3 yrs. to 6 yrs.
3 yrs. to 6 yrs.
6 mo. to 12 yrs.

MAY
Fri, May 3
Sat, May 4
Fri, May 10
Fri, May 17
Sat, May 18
Fri, May 24
Mon, May 27
Staycation
Kids' Night Out
Geyer United Baseball
An Evening With...
Kids' Night Out
Staycation
CLOSED for Memorial Day
3 yrs. to 6 yrs.
4 yrs. to 7 yrs.
6 mo. to 12 yrs.
4 yrs. to 8 yrs.
4 yrs. to 8 yrs.
6 mo. to 12 yrs.
3 yrs. to 6 yrs.

JUNE
Sat, June 1
Fri, June 14
June 24–29
Kids' Night Out
An Evening With...
Specialty Week
6 mo. to 12 yrs.
4 yrs. to 8 yrs.

Please check our website to learn more about these events. E-mail blasts are sent out to members as a reminder of upcoming events.

TSTOT SPOT

NURSERY
The nursery is available for parents/caregivers who are in a class with one child and need care for siblings.

Family Members: FREE
Kinder/Youth: $5 per class/child

BABYSITTING
Babysitting is available during the Tot Spot operating hours. Our Tot Spot staff will take care of your children while you run errands, keep appointments, attend meetings, etc.

Babysitting Fees:
$10/hr. for 1 child
$15/hr. for 2 children
$20/hr. for 3 children

Up-to-date emergency contact information and allergy information must be on file for both Nursery and Babysitting along with a signed waiver.

Please pack nut-free snacks, meals, bottles, juice, extra diapers, change of clothes, favorite toy, etc.

The Nursery and Babysitting hours vary by location. Please contact the Welcome Center for the current schedule.

CHECK OUR WEEKLY EBLASTS FOR AN EXTRA BLAST OF FUN FOR YOU AND YOUR FAMILY!
Be sure to check your emails for our weekly “Geyer’s Got It” Email Blasts.
There you will find updated hours, details on special events, Drop-In Class schedules and much more!
BUILDING BRIGHTER FUTURES
Geyer Family Branch of the YMCA of Montclair Preschool Readiness Program
Prepare your child for Preschool and continued learning. The YMCA’s Preschool Readiness Program provides a stimulating environment for children ages 2 yrs - 4 yrs to play and learn while developing the physical, verbal, and social skills they’ll need to start school ready to succeed.

Each class consists of developmentally appropriate activities based upon class age. These activities include process art, hands-on science, small motor and gross motor skill building, interactive circle time, and much more. Classes offer consistency through 2, 3, and 4 day registration options and small staff:child ratios.

TIME FOR TWOS
Children must be 2 years old by 10/1
For most children this is their first experience in a group without a parent. We focus on socialization, verbal communication skills and positive social behavior. Children participate in group free play, art, music, story time and physical activities.

THRILLS FOR THREES
Children must be 3 years old 10/1
Children are assisted with socialization and are encouraged to grow through hands-on and creative art projects, games, music, and play. Children will be able to master various pre-kindergarten skills (color, shape, group play, name recognition, and cooperation).

MORE FOR FOURS
Children must be 4 years old 10/1/18
Teachers expand the skills developed in Threes class. The program encourages creativity, fine motor and cognitive skills. Children are confident and well prepared to meet all challenges of preschool.

STAY & PLAY
Ages 2 years
Children must be 2 years old by 10/1
Children will have the opportunity to enjoy lunch with us while learning social skills and how to be self-sufficient. Children are to bring a nut-free lunch from home. Each class will have story time and free exploration play.

LUNCH & LEARN
Age 3 Must be 3 by 10/1
Age 4 Must be 3 by 10/1
Children will have the opportunity to enjoy lunch with us while learning about good food choices. Children are to bring a nut-free lunch from home. Different fruits and vegetables will be introduced throughout the session for the children to try.

NURSERY AVAILABLE
Nursery available for children under 3

KIDS’ NIGHT OUT
Sign up for Kids Night Out at the Geyer Family Branch and you can take the night off! We’ll keep them busy with sports; gym games; arts and crafts; swimming; rock wall climbing; and much more! Bring friends! Families do not need to be Y members to enjoy this program.

Day Saturday Evenings
Dates March 2, 16
April 6, 20
May 4, 18
June 1
Time 6-10pm
Age 6 months – 12 years
Place Geyer Family Branch

<table>
<thead>
<tr>
<th>First Child</th>
<th>Sibling</th>
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<tbody>
<tr>
<td>New Family Members</td>
<td>$25</td>
</tr>
<tr>
<td>Kinder Members</td>
<td>$35</td>
</tr>
<tr>
<td>Community</td>
<td>$45</td>
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TAKE THE NIGHT OFF!
Our Creative Arts department has a wide variety of both parent & child and child only classes. Creativity, exploration and fun are part of each class.

*All Monday classes in Spring 2 are prorated for Memorial Day.*

**PARENT & CHILD**
For your child’s safety only one adult/one child per class unless noted. Adult participation required.

**SIGN LANGUAGE**

*Ages 8 months – 3 years*
Sign language is a lovely way to help young children find alternate ways of expressing themselves through a multi sensory approach to communication. Join our certified ASL teacher who is ready to help you and your child communicate in new and exciting ways.

*Mon* 9:30–10:15 am  
*Family* $95  
*Kinder* $115

**PAINT & PLAY**

*Ages 18 months – 2.5 years*
A class with the perfect amount of structure and open art creativity time! A mix of projects that work on fine motor skills like cutting, gluing and coloring that will be yours to take home to display combined with ample opportunity to get messy and explore textures like shaving cream and bubbles.

*Mon* 9:30–10:15 am  
*Thu* 9:30–10:15 am  
*Sat* 10:15–11:00 am  
*Family* $95  
*Kinder* $115

**PAINT & PLAY TOO**

*Ages 2 – 3 years*
A continuation of our Paint and Play class. A mix of projects that work on fine motor skills like cutting, gluing and coloring that will be yours to take home to display combined with ample opportunity to get messy and explore.

*Thu* 10:30–11:15 am  
*Tue* 6:00–6:45 pm  
*Family* $95  
*Kinder* $115

**LITTLE BITES**

*Ages 2 – 3 years*
Need a helper in the kitchen? This class will allow children and their caregiver to explore the tastes and smells coming from the kitchen with child friendly recipes. Tried and true treats and fun new foods will be included. Yum!

*Tue* 10:00–10:45 am  
*Thu* 10:30–11:15 am  
*Sat* 10:15–11:00 am  
*Family* $119 (food cost included)  
*Kinder* $139 (food cost included)

**CREATE ‘N’ BAKE**

*Ages 2 – 3 years*
This class will be a combination of art and cooking. Each week there will be a new seasonal theme reflected in both the food and crafts. Recipes will be both sweet and savory to please even the pickiest eater.

*Wed* 10:45–11:45 am  
*Family* $119 (food cost included)  
*Kinder* $139 (food cost included)

**CREATIVE COOKS**

*Ages 3 – 4 years*
Create and Bake grows up! This class will be a combination of art and cooking. Each week there will be a new seasonal theme reflected in both the food and crafts. Recipes will be both sweet and savory to please even the pickiest eater.

*Wed* 10:45–11:45 am  
*Family* $119 (food cost included)  
*Kinder* $139 (food cost included)

**FAMILY ART FOR ALL**

*Up to 4 years*
Family Fun will be had by all in this multi-age art experience. Projects and crafts will be varied to allow creativity for all levels. Children can visit art stations and play areas all while enjoying time as a family.

*Thu* 11:30 am–12:15 pm  
*Sat* 11:15 am–12:00 pm  
*Family* $119 per family  
*Kinder* $139 per family
CHILD ONLY
MAKE IT AND BAKE IT
Ages 3 – 5 years
This class will be a combination of art and cooking. Each week there will be a new seasonal theme reflected in both the food and crafts. Come taste and explore together!
Wed 4:00-5:00 pm
Fri 4:00-5:00 pm
Family $119 (food cost included)
Kinder $139 (food cost included)

LUNCH BUNCH
Ages 3–5 years
Have your child stay after Morning Mix on Friday morning or come before their afternoon class to eat their lunch (nut free brought from home), play with friends and participate in structured activities.
Fri 11:00 am-12:45 pm
Family $125 Kinder $135

ARTS & CRAFTS ADVENTURE
Ages 4 – 6 years
Young art enthusiasts develop their talents while designing unique creations using a variety of wonderful materials. This class will introduce crafts including beading, painting, sculpting, simple hand stitching and more! Sustainability is important to us so we will be recycling and repurposing many of our supplies.
Tue 5:00-5:45 pm
Family $95 Kinder $115

KIDS CAFÉ
Ages 4 – 6 years
If your child loves to help in the kitchen then they will enjoy expanding their menu of delicious recipes in this cooking class. A variety of foods from appetizers to desserts will be prepared in this experimental, hands-on class. This class will include recipes for lunch, dinner, snacks, and desserts throughout the session.
*Mon 4:00-4:45 pm
Family $119 (food cost included)
Mon-Spring 2 $104 (food cost included)
Kinder $139 (food cost included)
Mon-Spring 2 $122 (food cost included)

GREAT GEYER BAKING CHALLENGE
Ages 5 – 7 years
Young bakers, preheat your ovens! This class will allow children to learn basic baking while encouraging individuality. Cakes, pies, breads and more! Join us for this tasty class.
Wed 5:15-6:15 pm
Family $119 (food cost included)
Kinder $139 (food cost included)

CHOPPED JUNIOR
Ages 5 – 7 years
Little chefs with tremendous ambition are taking over the kitchen! Children will let their culinary imaginations run wild as they are tasked with creating a dish each week using a mystery basket of ingredients. Does your little chef have what it takes to make the cut? You be the judge.
*Mon 5:00-6:00 pm
Family $119 (food cost included)
Mon-Spring 2 $104 (food cost included)
Kinder $139 (food cost included)
Mon-Spring 2 $122 (food cost included)

MASTERPIECE KITCHEN
Ages 5 – 7 years
This class will include both creative and culinary arts. Children will make beautiful creations that will be true pieces of art. Some projects will be edible while others will use the kitchen to create projects to play with or display.
Tue 4:15-5:00 pm
Family $119 (food cost included)
Kinder $139 (food cost included)

– Henry David Thoreau
The School of Performing Arts (SOPA) at the Geyer Family Branch offers music appreciation and dance for children ages 1 and up. Classes include ballet, jazz and hip hop to increased body awareness, better balance, interaction with new friends.

*All Monday classes in Spring 2 are prorated for Memorial Day.

**PARENT & CHILD**
For your child’s safety only one adult/one child per class unless noted. Adult participation required.

**TODDLER TUNES**
Ages 8 months – 1 year
This class will offer our youngest music lovers a chance to move to music, learn familiar songs and spend some quality time with their grown up.

- **Wed** 9:30-10:00 am
- **Family** $95  **Kinder** $115

**BABY LIKES TO BOOGIE**
Ages 1.5 – 2 years
Get your baby moving and grooving with this fun introduction to dance class. Entertaining music and movement activities will be sure to get your baby to boogie all class long.

- **Mon** 11:00-11:30 am
- **Wed** 4:45-5:15 pm
- **Fri** 10:15-10:45 am
- **Sat** 9:15-9:45 am
- **Family** $95  **Mon-Spring 2** $86
- **Kinder** $115  **Mon-Spring 2** $101

**MERRY MUSIC MAKERS**
Ages 2 - 3 years
For the music maker who is ready to move, sing, clap and shake! Featuring simple rhythms and a variety of musical styles, children will be introduced to instruments such as drums and sticks.

- **Wed** 10:15-10:45 am
- **Thu** 5:30-6:00 pm
- **Family** $95  **Kinder** $115

**ITTY BITTY BALLERINAS**
Ages 2 - 3 years
A great opportunity for caretakers to get exercise and ballet knowledge with their little dancers! Participants will learn basic ballet steps together as well as explore classical and contemporary music. Casual clothes required.

- **Mon** 10:15-10:45 am
- **Wed** 4:45-5:15 pm
- **Fri** 9:30-10:00 am
- **Sat** 10:00-10:30 am
- **Family** $95  **Mon-Spring 2** $86
- **Kinder** $115  **Mon-Spring 2** $101

**MINI BALLERINAS**
Ages 2.5 – 3 years
With a carefully structured class and gentle exposure to socialization skills, students will be introduced to large locomotor movement (hopping, sliding, marching, prancing and leaping) in the wonderful world of ballet.

- **Fri** 3:30-4:00 pm
- **Family** $95  **Kinder** $115

**MINI BALLERINAS RECITAL 16 WEEKS**
Ages 2.5 – 3 years

- **Sat** 10:45-11:15 am
- **Family** $200 (includes recital fee)
- **Kinder** $240 (includes recital fee)

**FAIRYTALE BALLET**
Formerly Princess Ballet
Ages 3 – 4 years
Calling all Royal Dancers to the perfect introduction to ballet through the enchanting world of fairytales! Each week a different fairytale, such as Cinderella, Sleeping Beauty, and Sword & the Stone will be explored with the use of props while learning classical ballet steps and French terminology. Every session and level will include new stories filled with creativity. Ballet shoes or bare feet and dancewear are encouraged for this class.

- **Mon** 3:30-4:00 pm
- **Family** $95  **Mon-Spring 2** $86
- **Kinder** $115  **Mon-Spring 2** $101

**FAIRYTALE BALLET RECITAL 16 WEEKS**

- **Thu** 2:00-2:30 pm
- **Sat** 9:15-9:45 am
- **Family** $200 (includes recital fee)
- **Kinder** $240 (includes recital fee)
Dance is the joy of movement and the heart of life.

– The Radio City Rockettes

**SIBLING SING-A-LONG**  
**NEW**

*Up to 4 years*

Move and Groove together in this multi-age music experience. New and traditional songs will have everyone singing, dancing and playing together!

**Wed** 11:00–11:30 am  
**Thu** 6:15–6:45 pm  
**Family** $119 per family  
**Kinder** $139 per family

**BALLET 1**  
*Ages 4 – 5 years*

Introduce your young dancer to the world of ballet. Ballet engages children through the use of their imagination while learning proper ballet terms, correct body placement and gross motor skills and is beneficial for both boys and girls. Classroom etiquette is discovered and taught. Ballet for this age group focuses on the same basic concepts of traditional barre work and more independent movement. Children will perform in a dance recital at the end of the session. Ballet shoes or bare feet and dancewear are encouraged for this class.

**Mon** 4:15–5:00 pm  
**Family** $95  
**Kinder** $115

**BALLET 1**  
**RECITAL 16 WEEKS**

*Family** $200 (includes recital fee)  
**Kinder** $240 (includes recital fee)

**BALLET 2**  
*Ages 5 – 7 years*

This class will allow children from ballet 1 to continue mastery of skills and introduce new positions and combinations. New dancers will learn all ballet 1 skills and be introduced to more advanced ballet as they progress. Please see Ballet 1 description. Ballet shoes or bare feet and dancewear are encouraged for this class.

**Sat** 12:30–1:15 pm  
**Family** $200 (includes recital fee)  
**Kinder** $240 (includes recital fee)

**FIT DANCE**  
*Ages 4 – 7 years*

This high energy class for the child who loves to dance. Pop music will set the backdrop for your child to show off their moves and learn some new ones. Please send your child in comfortable clothes and sneakers and prepared to keep moving for the entire class.

**Wed** 5:30–6:15 pm  
**Family** $95  
**Kinder** $115

**MINI MOVIE MAKERS**  
*Ages 5 – 7 years*

Ready on the set! Calling all junior movie directors. Join us on location at the Geyer Family YMCA to create some amazing commercials and movies. Private viewing on the last day of class.

**Mon** 4:30–5:15 pm  
**Family** $95  
**Kinder** $115

**ON THAT BEAT**  
*Ages 4 – 7 years*

Does your child like to sing and dance along to the popular songs on the radio? Then this class is for them! On the Beat takes today’s most popular line dances and breaks them down step by step so your child can master the latest moves like a dance machine!

**Wed** 5:30–6:15 pm  
**Family** $95  
**Kinder** $115

**WHAT TO WEAR**  

Children can wear comfortable clothes without buttons or zippers. Dance shoes or bare feet are preferred. If you have any questions, please contact our Welcome Center or email kherzog@montclairymca.org

**montclairymca.org/geyer**
At the Geyer Family Branch we encourage our students to do a variety of physical activities daily to work on three of important elements: endurance, strength and flexibility. Endurance is developed when children regularly engage in aerobic activity. Strength is enhanced when children climb and swing a bat. Flexibility is increased through stretching exercises, performing cartwheels, or reaching for a ball with a racket.

*All Monday classes in Spring 2 are prorated for Memorial Day.

PARENT & CHILD
For your child’s safety only one adult/one child per class unless noted. Adult participation required.
Children and adults are required to wear socks during parent/child gym classes.

GYM JUNIORS
Ages 8 – 17 months
Join the instructors for a class full of wonder and discovery. Caregivers and children will explore the world around them through age-appropriate gym activities. Free play and circle time will be incorporated into each class to strike a perfect balance for our youngest participants.
*Mon 9:15-9:45am
Family $95 Mon-Spring 2 $86
Kinder $115 Mon-Spring 2 $101

GYM JUMPERS
Ages 18 months – 2.5 years
Parent and child will work with instructors to gain self-confidence in all of their newly acquired physical skills, helping child to become independent in a safe, fun, age-appropriate setting. Each class will include stimulating structured activities and free play time to keep your toddler engaged.
*Mon 10:00-10:45 am
Tue 10:30-11:15 am
Thu 11:15 am-12:00 pm
Fri 10:15-11:00 am
Family $95 Mon-Spring 2 $86
Kinder $115 Mon-Spring 2 $101

SPORTS MIX
Ages 2 – 3 years
Here is your chance to transition your child into their first coached sports class! Caregivers will join the action for the first three classes and then be encouraged to sit on the sidelines and cheer on their little sports star. This class is the best of both worlds: seeing your child develop their sporting skills and gain independence in sports and gym activities.
*Mon 12:45-1:30 pm
Wed 10:00-10:45 am
Family $95 Mon-Spring 2 $86
Kinder $115 Mon-Spring 2 $101

CHILD ONLY
ROCK N’ ROLL
GYMNASTICS
Age 3 years
This level 1 class focuses on the beginning tumbling skills used in gymnastics such as forward rolls and fundamental jumps. Other skills include: walking on the balance beam, learning to keep a steady balance and being able to hang from a parallel bar. Activities each week will improve flexibility, strength, coordination and balance. This is a great beginner class for the little gymnast in your life.
Wed 5:45-6:15 pm
Sat 9:30-10:00 am
Family $95 Kinder $115

GYM JUNIORS/JUMPERS
Ages 8 months – 2.5 years
Parent and child will work with instructors to gain self-confidence in all of their newly acquired physical skills, helping child to become independent in a safe, fun, age-appropriate setting. Each class will include stimulating structured activities and free play time to keep your toddler engaged.
Thu 9:15-10:00 am
Family $95 Kinder $115

GYM JAMMERS
Ages 2.5 – 3.5 years
Children will really shine in this class which emphasizes cooperation, self-confidence, independence and basic gymnastic skills. Each class begins with circle time and features a different piece of gym equipment each week.
*Mon 11:00-11:45 am
Thu 10:15-11:00 am
Fri 11:15 am-12:00 pm
Family $95 Mon-Spring 2 $86
Kinder $115 Mon-Spring 2 $101
Sports do not build character, they reveal it.

– John Wooden

KINDERGYMNASTICS
Ages 4 – 6 years
Kindergymnastics builds on the skills and fundamentals taught in Rock n' Roll Gymnastics (level 1). Budding gymnasts “tumble and roll” into this next level and will focus on improving skills learned in level 1 while building core strength and balance. Participants will learn new skills such as performing a backwards roll and how to do a cartwheel along with several other skills. Your little gymnast will expand and enhance their footwork on the balance beam and swing to new levels on the parallel bars. This is a great class to continue to improve and maintain skills.

*Mon 4:00-4:45 pm  Wed 4:00-4:45 pm  Sat 10:00-10:45 am
Family $95  Mon-Spring 2 $86  Kinder $115  Mon-Spring 2 $101

SUPER STAR BASKETBALL
Age 3 years
Super Star Basketball is a level 1 class where you child will bounce, dribble and bounce some more! Dribbling, passing and teamwork will be introduced with fun games to develop basic basketball skills. Children will also learn how to dribble with both hands and the fundamentals of shooting.

Fri 3:30-4:15 pm
Family $95  Kinder $115

BASKETBALL BOUNCERS
Ages 4 – 6 years
Basketball Bouncers is a level 2 class that will focus on building and improving the skills developed in Super Star Basketball (level 1). Participants will also have fun learning new passing skills such as the bounce pass and the chest pass. Players will also learn how to dribble through cones and how to play defense.

Come watch and cheer on the sidelines on the last day of class for the session.

*Mon 5:15-6:00 pm  Thu 5:00-5:45 pm  Sat 1:15-2:00 pm
Family $95  Mon-Spring 2 $86  Kinder $115  Mon-Spring 2 $101

ADVANCED KINDERGYMNASTICS
Ages 4 – 7 years
Must be recommended and in-person registration is required
This level 3 class is for the Kindergymnastics student who has mastered key skills and qualified to advance to this level. All participants must be recommended by the teacher or tested by the Youth Sports Director to enroll. This class will include a strong focus in advance tumbling such as cartwheels, roundoffs and backbends. Students will also continue to work on the balance beam and learn how to tumble on the beam. Parallel bar work will include pullovers and strength building. This is a challenging class for the gymnast ready to take on the next level!

Wed 4:45-5:30 pm  Family $95  Kinder $115

SUPERSTAR SOCCER
Age 3 years
Superstar Soccer is a level 1 class where participants will dribble, pass, shoot and score! Join our coaches for this unique introduction to the world’s most popular sport! Participants will learn basic soccer skills through fun drills and teamwork. Come watch and cheer on the sidelines on the last day of class for the session.

Wed 3:15-4:00 pm
Family $95  Kinder $115

GAME DAY SOCCER
Ages 4 – 6 years
Let’s put all of those soccer skills to good use! The first half of every class will teach the basics of soccer including dribbling, passing, defending and shooting. During the second half, parents or caregivers can come in to cheer us on during a real soccer game.

Tue 4:45-6:00 pm
Family $107  Kinder $128

ADVANCED BASKETBALL
Ages 5 – 7 years
Advanced Basketball is a level 3 class where all the skills and drills come together in defense and offense. All participants must be recommended by the teacher or tested by the Youth Sports Director to enroll. Players will work on rebounding, footwork, body control and more. Kids will sharpen their skills on the court in this high energy class. Come watch and cheer on the sidelines on the last day of class for the session.

Thu 5:45-6:45 pm
Family $95  Kinder $115

ADVANCED SOCCER
Ages 5 – 7 years
This level 2 soccer class helps improve shooting skills; teaches advanced dribbling and passing; and better ball control through scrimmages and drills. All participants must be recommended by the teacher or tested by the Youth Sports Director to enroll. Come watch and cheer on the sidelines on the last day of class for the session.

Tue 6:00-6:45 pm
Family $95  Kinder $115
GYM & SPORTS

TENNIS TIME
Ages 4 – 6 years
This level 1 class introduces the basics of tennis using great games and activities while building self esteem. Tennis creates hand/eye coordination skills which will help your child succeed on and off the court. Tennis rackets are provided.
*Mon 3:45-4:30 pm
Family $95 Mon-Spring 2 $86
Kinder $115 Mon-Spring 2 $101

TRACK AND FIELD
16 WEEKS
Ages 5 – 7 years
Future Olympians begin your training at the Geyer Family YMCA! Games and challenges will help the children grasp the important skills of running, jumping, throwing and more. This 16 week class will include prepping your track star to run in the Montclair 2 Mile run the first weekend in June.
Wed 4:45-5:30 pm
Family $190
Kinder $230

TERRIFIC TEE BALL
Ages 5 – 7 years
Come get ready for Spring training Baseball. Join the coaches for Tee-Ball. Catching, fielding, throwing, hitting, and running the bases will be the focus of this fun, action packed class aimed at introducing American’s favorite sports.
Fri 5:00-5:45 pm
Family $95
Kinder $115

GAGA AT GEYER!
Ages 5 – 8 years
Gaga Ball is here! Your child will learn to play different varieties of Gaga Ball on Geyer’s regulation Gaga Court. Gaga is a fast paced, high energy sport played in an octagonal pit. The more players the better! Dubbed a kinder and gentler version of dodgeball, the game is played with a soft foam ball, and combines the skills of dodging, striking, running, and jumping, while trying to hit opponents with a ball below the knees.
Tue 4:00-4:45 pm
Wed 4:15-5:00 pm
Family $95
Kinder $115

LITTLE LEAGUE SPORTS
Ages 3 years
The perfect introduction to the world of sports for our youngest athletes! Get your child ready for our expansive Kinder Sports Program by sampling a little of everything we have to offer in Geyer’s Large Gym. Participants will learn beginner skills in soccer, basketball, tennis, t-ball, track and field and more.
*Mon 4:30-5:15 pm
Thu 3:30-4:15 pm
Family $95
Kinder $115

FUN & GAMES
Ages 3 – 4 years
We got game and lots of them! This class will offer old school games with a new twist! All games promote teamwork, improve gross motor skills, and most importantly – have fun!
Thu 1:30-2:15 pm
Family $95
Kinder $115

SHAPE UP MASH UP
Ages 4 – 7 years
This class will get your child up and moving! Energized activities include: rock climbing, boot camp and other fast-paced games. Just add energy and we will provide the fun.
*Mon 5:30-6:15 pm
Family $95
Kinder $115

GYM NINJAS
Ages 5 – 8 years
Test your Ninja skills! Move through, around, up, down and over objects by running, jumping, climbing, crawling, balancing, rolling, swinging, vaulting, and catching. Each week focus on training for each obstacle, plus general strength, fitness, and conditioning for children. Ninjas will test their skills with a timed course during the last two weeks.
*Mon 4:45-5:30 pm
Fri 4:30-5:15 pm
5:30-6:15 pm
Family $95
Kinder $115
We’ve taken our gym programs and paired it with other exciting programs that shows “Geyer’s Got It”. This is a great way to have even more fun at the Geyer Family Branch.

*All Monday classes in Spring 2 are prorated for Memorial Day.

PARENT & CHILD
For your child’s safety only one adult/one child per class unless noted. Adult participation required.

Children and adults are required to wear socks during parent/child gym classes.

MY BUDDY & ME
Ages 18 months – 2.5 years
Gym and Swim Combo
Water Exploration Stage B
Love our gym and swim programs? Why not take a class where you can experience both in one day? My Buddy and Me is a structured gym class followed by a swim lesson. Each week highlights different skills and theme.

Wed 6:00-7:15 pm
Sat 8:45-10:00 am
9:45-11:00 am

Family $132 Kinder $157

CHILD ONLY
MORNING MIX
Ages 3 – 4 years
A Mix of activities from cooking, to art, to science. What a great way to try a mix of these hands-on activities. We really know how to mix up the fun!

*Mon 10:30-12:15 pm
Fri 9:15-11:00 am

Family $151 Mon-Spring 2 $133
Kinder $181 Mon-Spring 2 $161

ROAD RUNNERS*
Age 3 years
Gym and Swim Combo
Water Acclimation Stage 1
A themed gym program designed to enhance physical and gross motor skills. This class will include both structured activities and supervised free play in the gym. Participants are escorted to the pool by the gym staff for a YSL Stage 1 swim lesson. All participants must have socks for the gym portion and pack a swimsuit and towel in a labeled bag.

Sat 10:45-12:00 pm

Family $132 Kinder $157

FUN FRIDAYS*
Ages 3 – 5 years
Art, Gym and Swim Combo
YSL Stages 1 – 4
If your child wants to spend a fun-filled afternoon at the Geyer Family Branch, then this is the class for you! There is a different theme each week and class starts with a themed art project, followed by time in the gym where they will focus on gross motor skills and group games. Fun Fridays ends in the pool where they participate in a 30 minute swim lesson.

Fri 12:45-2:30 pm

Family $151 Kinder $181

GAGA AND GOGGLES
Ages 4 – 6 years
Gym and Swim Combo
YSL Stages 1 – 4
Gaga Ball is here! Your child will learn to play different varieties of Gaga Ball on Geyer’s regulation Gaga Court. Gaga is a fast paced, high energy sport played in an octagonal pit. Dubbed a kinder and gentler version of dodgeball, the game is played with a soft foam ball, and combines the skills of dodging, striking, running, and jumping, while trying to hit opponents with a ball below the knees. How does this class get any better? Well – it is paired with a 40 minute YSL swim lesson.

Wed 4:00-5:30 pm

Family $132 Kinder $157

WARRIORS AND WATER*
Ages 5 – 8 years
Gym and Swim Combo
YSL Stages 1 – 4
Now it’s your child’s turn to find their inner warrior! This new combo class gives cross-training a pint-sized twist for kids. Your little warrior will have fun and know that physical activity is something to enjoy. After their cross training session, they will participate in a 40 minute YSL swim lesson.

Fri 4:15-5:45 pm

Family $132 Kinder $157

Combo classes that include swim lessons for ages 4 and up will be placed in their appropriate YSL Stage. Please see our Aquatics Section on page 14 for complete stage descriptions.

*All participants must have socks for the gym portion and pack a swimsuit and towel in a labeled bag.
**STEM**
(SCIENCE, TECHNOLOGY, ENGINEERING AND MATH)

*All Monday classes in Spring 2 are prorated for Memorial Day.

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**DASH & SPLASH***
Ages 4 – 6 years
Gym and Swim Combo
YSL Stages 1 – 4
A themed gym program designed to enhance physical and gross motor skills. This class will include both structured activities and supervised free play in the gym. Participants are escorted to the pool by the gym staff for a YSL swim lesson.
Sat 11:15-12:45 pm
Family $132  Kinder $157

**SENSATIONAL SATURDAYS***
Ages 5 – 8 years
Art, Gym and Swim Combo
YSL Stages 1 – 4
There is a different theme each week and class starts with a themed art project, followed by time in the gym where they will focus on gross motor skills and group games. Sensational Saturdays end in the pool where they participate in a YSL swim lesson. Parents/caregivers will drop off their child in the art room and pick them up from the pool hall after the swim lesson portion is completed. All participants must have socks for the gym portion and pack a swimsuit and towel in a labeled bag.
Sat 1:30-3:30 pm
Family $151  Kinder $181

Combo classes that include swim lessons for ages 4 and up will be placed in their appropriate YSL Stage. Please see our Aquatics Section on page 14 for complete stage descriptions.

*All participants must have socks for the gym portion and pack a swimsuit and towel in a labeled bag.

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**PARENT & CHILD**
For your child’s safety only one adult/one child per class unless noted. Adult participation required.

**MAKER SPACE FOR ME!***
Ages 3 – 4 years
Curious children and their caregivers join us in the STEM Lab. This non-traditional class is free form and meant for exploring science, technology, engineering, art and math. Each week there will be an activity presented by the instructor that you can complete or just work in the room and discover how STEM is all around us.
*Mon 10:30-11:15 am
Thu 4:00-4:45 pm
Sat 11:30-12:15 pm
Family $95  Mon-Spring 2 $86
Kinder $115  Mon-Spring 2 $101

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**LIL’ SCIENTIST***
Ages 3 – 4 years
This is a fun introduction to the wonders of science! Each week we will explore a different scientific theme and do a related project. The Lil’ Scientists will be asked to make predictions, observations and conclusions in a fun setting.
Sat 12:30-1:15 pm
Family $95  Kinder $115

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**CLAY PLAY***
Ages 3 – 5 years
Use your hands! Who doesn’t love to play with clay? This class will involve different types of molding materials to create anything you can imagine.
Wed 3:15-4:00 pm
Family $95  Kinder $115

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**CHILD ONLY MAD SCIENTISTS’ LAB***
Ages 5 – 7 years
Join us in the lab for this fun and creative class that combines science and art. Learn about how things mix and combine to make cool experiments and projects. Come ready to learn and get messy!
Sat 1:30-2:15 pm
Family $95  Kinder $115

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**MY MAKER SPACE***
Ages 5 – 7 years
Calling all inventors, builders and scientists! This non-traditional class is free form and meant for exploring science, technology, engineering, art and math. Each week there will be an activity presented by the instructor that you can complete or just work in the room and discover how STEM is all around us.
Tue 4:00-4:45 pm
Family $95  Kinder $115

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Geyer Family Branch
AQUATICS
STAGE DESCRIPTIONS

The Y Swim Lesson Program (YSL) is a progression of lessons based on accomplishing a certain skill set at each stage. A child will advance to the next stage only after completing the appropriate skill evaluation. Please remember that each child learns at their own pace and learning to swim is a skill building activity done in stages. The Geyer Family Branch YSL Program offers a wide selection of Parent & Child, Preschool, and School Age Group Swim Lessons. All age groups are taught the same skills but divided according to their developmental milestones.

WHY HAS THE CURRICULUM CHANGED?
Through feedback from parents, staff, and aquatics experts, YMCA of the USA has updated the swim curriculum to focus on water safety skills as a foundation for all ages. Once water safety skills have been mastered, we will introduce stroke development and techniques. The skills and topics taught in each stage are based on the developmental milestones of youth.

WHAT HAS CHANGED?
The biggest change you will notice is the name of the stages. The stage names have been changed to represent the skills being taught in each stage. The next noticeable change is the ages for each stage. Expanding the ages allows for more progression through stages. Our curriculum is now focused on teaching basic water safety skills then progressing to stroke development and technique.

HOW WILL I KNOW WHAT LEVEL MY CHILD SHOULD BE IN?
If your child is currently in lessons, the new swim lesson stage will be marked on their report card at the end of Winter Session.

A / WATER DISCOVERY
Parents and caregivers accompany their child in Stage A. Water Discovery introduces infants and toddlers to the aquatic environment through exploration and encourages them to enjoy themselves while learning about the water.

B / WATER EXPLORATION
Parents and caregivers accompany their child in Stage B. Water Exploration focuses on exploring body positions, blowing bubbles, and fundamental safety and aquatic skills.

B+ / WATER EXPLORATION
B+ starts out as a Parent/Child Stage B Class but ends as a Child Only Stage 1 Class. The child will take turns going with the parent and then with one of the instructors. The goal is to slowly have the parent participation phased out.

1 / WATER ACCLIMATION
Water Acclimation increases students’ comfort with underwater exploration and introduces basic self-rescue skills performed with assistance. In this child only class, instructors will help develop your child’s basic skills to propel and glide through the water with assistance; teach participants about basic water safety and how to be responsible for their own decisions to help keep them safe.

2 / WATER MOVEMENT
In the Water Movement Stage, students focus on forward movement in the water and basic self-rescue skills performed independently. Milestones worked on in this stage are: explore the aquatic environment using personal skills without instructor help; develop basic skills to propel and glide through the water without instructor help and about basic water safety and how to be responsible for their own decisions to help keep them safe.

3 / WATER STAMINA
The Water Stamina Stage develops intermediate self-rescue skills performed at longer distances than in previous stages. Milestones worked on in this stage include: integrating arm action, leg action and rhythmic breathing in back and front glides; developing forward movement on the front and back and practicing skills and safety techniques in deep water.

4 / STROKE INTRODUCTION
Students in stage 4 develop stroke technique in front crawl and back crawl and learn the breaststroke kick and butterfly kick. Water safety is reinforced through treading water and elementary backstroke.

5 / STROKE DEVELOPMENT
Students in Stage 5 work on stroke technique and learn all major competitive strokes. The emphasis on water safety continues through treading water and sidestroke.

6 / STROKE MECHANICS
In Stage 6, students refine stroke technique on all major competitive strokes, learn about competitive swimming, and discover how to incorporate swimming into a healthy lifestyle.
SWIM STARTERS (PARENT/CHILD)
Accompanied by a parent, infants and toddlers learn to be comfortable in the water and develop swim readiness skills through fun and confidence building experiences, while parents learn about water safety, drowning prevention, and the importance of supervision.

*All Monday and Sunday classes in Spring 2 are prorated for Easter and Memorial Day.

A Water Discovery
Formerly known as Bubble Babies and Tiny Tots
6 – 18 months

WATER DISCOVERY
Parents accompany children in Stage A, which introduces infants and toddlers to the aquatic environment through exploration and encourages them to enjoy themselves while learning about the water. Children are required to wear a swim diaper if not potty trained.

Class Length: 30 minutes
*Mon 10:40-11:10 am
Tue 10:05-10:35 am
Wed 10:05-10:35 am
6:15-6:45 pm
Thu 9:30-10:00 am
10:40-11:10 am
7:10-7:40 pm
Sat 8:30-9:00 am
9:00-9:30 am
*Sun 9:00-9:30 am
Family $95
Sun/Mon-Spring 2 $86
Kinder $115
Sun/Mon-Spring 2 $101

B Water Exploration
Formerly known as Tadpole 1 and Tadpole 2
18 – 36 months

WATER EXPLORATION
Parents accompany children in Stage B. This class helps toddlers explore body positions, floating, blowing bubbles and fundamental water safety skills. Child should be comfortable entering and exiting pool with parent, as well as respond to verbal cues. Children are required to wear a swim diaper if not potty trained.

Class Length: 30 minutes
*Mon 10:05-10:35 am
11:15-11:45 am
7:40-8:10 pm
Tue 9:30-10:00 am
10:40-11:10 am
Wed 9:30-10:00 am
7:25-7:55 pm
Thu 10:05-10:35 am
11:15-11:45 am
7:45-8:15 pm
Fri 10:50-11:20 am
Sat 10:00-10:30 am
11:00-11:30 am
9:35-10:05 am
*Sun Family $95
Sun/Mon-Spring 2 $86
Kinder $115
Sun/Mon-Spring 2 $101

B+ Water Exploration
Formerly known as Leap Frog
3 – 4 years

WATER EXPLORATION +
This class starts out as a Parent/Child class and ends as a Child Only class. This class begins as a parent/child class for the first few weeks where the focus is on water adjustment and beginning swimming skills. The child will take turns going with the parent and then with one of the instructors. The goal is to slowly have the parent participation phased out (from being in the pool, to sitting on the benches in the pool area and finally to waiting outside in our pool hallway or observation area). Children are required to wear a swim diaper if not potty trained.

Class Length: 30 minutes
*Mon 7:05-7:35 pm
Thu 6:35-7:05 pm
Fri 11:25-11:55 am
Family $95
Mon-Spring 2 $86
Kinder $115
Mon-Spring 2 $101

TIMES FOR SPRING
Mon 9:15-10:00 am
Tue 12:30-1:15 pm
Wed 11:00-11:45 am (New)
Thu 12:00-12:45 pm
Fri 12:00-12:45 pm (New)
7:15-8:00 pm
Sat 4:20-5:05 pm
Family Free
Kinder Session $80
Kinder Drop-in $10

TIMES FOR SPRING
Mon 6:30-7:15 pm
Tue 9:30-10:15 am
Wed 6:45-7:30 pm
Fri 6:15-7:00 pm
Sat 12:00-12:45 pm
Family Free
Kinder Session $80
Kinder Drop-in $10

SWIM & GYM COMBO
Fees
Family Free
Kinder $110

AQUATICS PRIVATE LESSONS
We offer one-on-one personal instruction to better accommodate members’ busy schedules. All private and semi-private swim lessons are 30 minutes long. Spring 1 and 2 Sessions are 7 lessons with one makeup permitted (if one of the 7 lessons is missed).

Fees
7/30 min lessons $245
SWIM BASICS (CHILD ONLY)

Students learn personal water safety and achieve basic swimming competency by learning two benchmark skills:
1) SWIM, FLOAT, SWIM—sequencing front glide, roll, back float, roll, front glide, and exit;
2) JUMP, PUSH, TURN, GRAB

The three stages within Swim Basics include:
Stage 1 (Water Acclimation)
Stage 2 (Water Movement)
Stage 3 (Water Stamina)

WATER ACCLIMATION

In Stage 1, students develop comfort with underwater exploration and learn to safely exit in the event of falling into a body of water. This stage lays the foundation that allows for a student’s future progress in swimming. Children must be potty trained to attend this class.

Class Length: 30 minutes
*Mon
1:00-1:30 pm
3:30-4:00 pm
5:45-6:15 pm
*Tue
1:30-2:00 pm
3:45-4:15 pm
*Wed
4:00-4:30 pm
5:30-6:00 pm
*Thu
1:00-1:30 pm
3:45-4:15 pm
4:30-5:00 pm
6:00-6:30 pm
*Fri
10:05-10:35 am
1:00-1:30 pm
3:30-4:00 pm
5:45-6:15 pm
6:30-7:00 pm
*Sat
12:45-1:15 pm
1:30-2:00 pm
Sat
2:15-2:45 pm
3:35-4:05 pm
*Sun
10:05-10:35 am

Family $95
Sun/Mon-Spring 2 $86
Kinder $115
Sun/Mon-Spring 2 $101

WATER MOVEMENT

In Stage 2, students focus on body position and control, directional change, and forward movement in the water while also continuing to practice how to safely exit in the event of falling into a body of water.

Class Length: 40 minutes
*Mon
1:35-2:15 pm
3:30-4:10 pm
5:00-5:40 pm
6:20-7:00 pm
*Tue
1:30-2:10 pm
3:45-4:25 pm
*Wed
4:00-4:40 pm
4:45-5:25 pm
5:30-6:10 pm
*Thu
1:00-1:40 pm
3:45-4:25 pm
4:30-5:10 pm
*Fri
10:05-10:45 am
1:00-1:40 pm
3:30-4:10 pm
5:00-5:40 pm
6:00-6:30 pm
*Sat
12:45-1:25 pm
1:30-2:10 pm
2:15-2:55 pm

**Sun
10:05-10:45 am

Family $95
Sun/Mon-Spring 2 $86
Kinder $115
Sun/Mon-Spring 2 $101

AQUATICS

SEMI-PRIVATE SWIM LESSONS

This option allows for two students to work with one instructor. Semi-private lessons work best if the two students are of similar skill level. Participants will need to know who they want to sign up with at the time of scheduling.

Fees 7/30 min lessons $340 ($170 per child)

WATER STAMINA

In Stage 3, students learn how to swim to safety from a longer distance than in previous stages in the event of falling into a body of water. This stage also introduces rhythmic breathing and integrated arm and leg action.

Class Length: 40 minutes
*Mon
4:15-4:55 pm
Tue
7:15-7:55 pm
Thu
5:15-5:55 pm
Fri
4:15-4:55 pm
Sat
3:35-4:15 pm

Family $95
Mon-Spring 2 $86
Kinder $115
Mon-Spring 2 $101

SWIM STROKES (CHILD ONLY)

Having mastered the fundamentals, students learn additional water safety skills and build stroke technique, developing skills that prevent chronic disease, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity.

STROKE INTRODUCTION

Students will develop stroke technique in front and back crawl and learn the breaststroke kick and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Having mastered the fundamentals, students will also learn additional water safety skills.

Class Length: 40 minutes
*Mon
4:15-4:55 pm
Tue
7:15-7:55 pm
Thu
5:15-5:55 pm
Fri
4:15-4:55 pm

Family $95
Mon-Spring 2 $86
Kinder $115
Mon-Spring 2 $101

MISSION SWIM POSSIBLE

YSL Special Needs Program for Stage 1-4

This class is designed for children of all abilities with special needs, providing them the skills to be safe and comfortable in and around the water. Children will work on basic aquatic skills at their own pace.

Class Length: 40 minutes
Tue
6:30-7:10 pm

Family $95
Kinder $115
Looking to get a jumpstart on your child’s summer plans? Then save the date and join us for our annual Summer Camp Fair, an information event designed specifically for those parents and caregivers who will be sending campers to the Y this summer for the very first time, or those transitioning to another one of our summer camps. Register for the Camp Fair at montclairymca.org/camps/fair

Geyer Family Branch
159 Glenridge Ave.
TIME FOR TWOSS 2 YEAR OLDS
For most children this is their first introduction to the camp experience. We focus on socialization, verbal communication skills, and positive social behavior. Children participate in group free play, art, music, story time, and physical activities.

JUNE BUGS AGES 3–KINDERGARTEN
June Bugs offers children ages 3–Kindergarten a safe, fun, and creative first time camp experience. Children grow in self-reliance, confidence, and self-esteem, while building lots of new skills. Children are grouped according to their age, and move through the program center to different activities and adventures throughout the day.

EARLY ADVENTURES AGES 3–6
Early Adventures Camp offers children a safe, fun and creative first time camp experience. Activities include swim lessons, gym activities, storytelling, arts and crafts, music, dance and special events created around weekly themes.

NEW DISCOVERIES AGES 4–9
New Discoveries Camp offers daily activities, including swim, sports, arts and crafts, drama and science. All weeks are theme–based and include special event Fridays, such as Wacky Wild West, Carnival Day and Olympic Hoopla. Monday camp opening includes skits and an introduction to the week ahead. Wacky Wednesdays include Crazy Hat Day, Mismatch Day and Crazy Hair Day. Before and after camp care are available.

EXPLORERS AGES 7–11
Explorers Camp offers a combination of fun–filled activities and trips to local attractions. Campers participate in a daily schedule of games, recreational swim and activities based around weekly themes.

CAMP AT THE LAKE AGES 5–13
Camp at the Lake offers swim lessons, sports, crafts, nature, science, outdoor survival skills, hiking, archery, low ropes challenge, boating and fishing. This American Camp Association accredited camp provides children with exciting adventures, cooperative learning and tons of fun! FREE transportation provided from bus stops in Montclair, Upper Montclair, Verona, Cedar Grove, Bloomfield, West Orange and Clifton.

VOYAGERS TEEN AGES 12–14
If you like field trips, hands on activities, leadership skills building and giving back to your community, you will want to be a Voyager! Each week campers spend 2 days ‘in house’ building up their leadership skills, participating in extracurricular activities (cooking, karaoke, poetry, dance, etc) and volunteering locally. Wednesday through Friday are spent on field trips–near and far including some overnight trips!

A.C.E.: ACADEMIC CAMP EXPERIENCE ENTERING 2ND–5TH GRADES
Research has shown that during the summer months, students can lose up to 6 months of school work– putting them behind in September when they go back to school. A.C.E. camp is an academic camp that not only has kids going up the summer slide, but it is done in a creative way so it feels like camp and not summer school. A.C.E. camp uses themes and plans accordingly, incorporating them into the math, reading and literacy classes. Included is science, art, music, physical play and one field trip per session (Friday).

SUMMER SPARKS GRADES 1ST–6TH
Summer Sparks enrichment programs are completely hands on as well as highly interactive. Program examples are science, writing, social skills, building, drama, music, travel and so much more. It’s your child’s choice of morning or afternoon sessions or sign up for a full day (2 sessions). Enrichment activities expand the minds of campers and keep them educationally engaged in a fun way during the summer months.

YBA: YOUTH BASKETBALL ALL–STARS AGES 8–13
Youth Basketball All Stars Camp (YBA) continues to be the perfect place for your basketball enthusiasts. YBA is an intense program for basketball players of varying abilities. Campers further develop their skills, learn game strategies and achieve goals on and off the court. Each day is spent improving fundamentals, performing interactive drills, building offensive and defensive skills, playing tournaments and getting in shape.

SUMMER QUEST AGES 14–15
Teens today are already equipped with the desire to work, earn money and be independent. The YMCA knows this because we have hired a few Quest graduates! Quest gives teens the skills and know–how to enter the workforce with confidence, leadership and experience. Counselors work with the campers in creative and skills based ways. After two weeks of hands on learning, the teens get to put their newly acquired skills to the test by interning for two weeks in a camp working with kids or within the Y with membership. They receive ongoing supervision, role–modeling and feedback for their camp and future portfolio.

G.A.P.: GAINING ACADEMICS PROGRAM ENTERING 1ST–4TH GRADES
G.A.P. camp helps bridge the gap between the summer months and the new school year. It prepares the campers to return back to school more confident and with increased skills. G.A.P. focuses on reading, writing and math in an engaging and hands on way– it is camp after all!
BIRTHDAY PARTIES AND ROOM RENTALS

Celebrate your day in an incredible way! The Geyer Family Branch offers many different ways for children (members and non-members) to celebrate their special day. Our fun and energetic staff lead the kids through various games and activities, creating memories that last a lifetime. Whether a pool party or science party, a gym party or art party - we make it easy, enjoyable and affordable.

For more information and party ideas and packages, please visit montclairymca.org/birthday
geyerpartyrentals@montclairymca.org
973-783-7640 x246

PARTY DAYS, TIMES AND THEMES

SATURDAY
Specialty Parties
3:30–5:30 pm
Superheroes
Land Before Dinosaurs
Excellent Experiments
Pizza Party
Gym Ninjas
Creation Celebration
Toddler Art Party
Brunch Bunch
Cupcake Wars
Custom Party Packages are also available!

SUNDAY
Gym Parties
11:00–1:00 pm
1:45–3:45 pm
4:30–6:30 pm
Pool Parties
11:00–1:00 pm
1:45–3:45 pm
4:30–6:30 pm

ROOM RENTALS
Community Room
Dance Studio

YMCA OF MONTCLAIR
Geyer Family Branch
159 Glenridge Avenue
Montclair, NJ 07042
973-783-7640
montclairymca.org/geyer