



# SMALL POOL SCHEDULE 2022

Effective - June 14, 2022

TIME	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY				TIME																																																																																																
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6:15 AM	<b>MORNIN' MANIA</b>				<b>SWIM LESSONS</b>				<b>MORNIN' MANIA</b>				<b>SWIM LESSONS</b>				<b>MORNIN' MANIA</b>				<b>CLOSED</b>				<b>CLOSED</b>				6:15 AM																																																																																																
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7:00 AM	<b>ADULT LAP &amp; SENIOR SWIM</b> 7 AM - 1 PM				<b>ADULT LAP &amp; SENIOR SWIM</b> 7 AM - 8:45 AM				<b>ADULT LAP &amp; SENIOR SWIM</b> 7 AM - 10 AM				<b>ADULT LAP &amp; SENIOR SWIM</b> 7 AM - 9 AM				<b>ADULT LAP &amp; SENIOR SWIM</b> 7 AM - 9 AM				<b>ADULT LAP &amp; SENIOR SWIM</b> 7 AM - 8 AM		Private Lesson 7:00-8AM		<b>ADULT LAP &amp; SENIOR SWIM</b> 7 AM - 7:45 AM				7:00 AM																																																																																																
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8:00 AM									<b>SWIM LESSONS</b> 8:45 AM - 9:45 AM								<b>SWIM LESSONS</b> 9:15 AM - 9:45 AM				<b>AQUA FIT</b> 9 AM - 9:45 AM				<b>SWIM LESSONS</b> 8 AM - 1 PM		<b>SWIM LESSONS</b> 7:45 AM - 9 AM		<b>ADULT LAP</b> 7:45 AM - 9 AM		8:00 AM																																																																																														
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10:00 AM																	<b>AQUA FIT</b> <b>MOVE IT TO MUSIC</b> 11 AM - 11:45 AM				<b>DEEP WATER EXERCISE w/NOODLES</b> 11 AM - 11:45 AM						<b>ADULT LAP &amp; SENIOR SWIM</b> 11 AM - 1 PM								<b>ADULT LAP &amp; SENIOR SWIM</b> 11 AM - 3 PM				<b>ADULT LAP &amp; SENIOR SWIM</b> 11:15 PM - 1:50 PM				10:00 AM																																																																																		
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**Friendly Reminders:**

- Schedule is effective 6/14/2022 and is subject to change.
- All participants must wear a swim cap.
- Participants must shower before entering the pool.
- Lane sharing is encouraged. Please ask permission to share a lane.
- Please circle swim when more than one person is in a lane.
- Non-lifeguard approved flotation devices such as rafts, inflatables, arm wings, backpacks or monofins (mermaid tail) are not permitted in the pools at anytime.
- Adult Lap & Senior swim is for members 18 and older; 2 lanes open/2 lap lanes in pool.
- Family swim is for all members regardless of age.
- All youth 12 & younger must be accompanied by an adult. All swimmers ages 12 & under must successfully complete our YMCA swim test to swim in the deep end.
- Parent/Guardian of non-swimmers must remain in the shallow end of the pool within arms reach of the non-swimmer at all times. If child is unable to stand in the shallow end a coast guard approved lifejacket must be worn.
- Weekends-Pool will be shared with Lifeguarding Class-June 25 at 3pm



# LARGE POOL SCHEDULE 2022

Effective - March 7, 2022

TIME	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY						TIME																																																																																																																																																																																																						
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**Friendly Reminders:**

- Schedule is effective 3/7/22 and is subject to change due to Swim Meets, Programming or LG Classes.
- All swimmers must wear a swim cap.
- Participants must shower before entering the pool.
- Lane sharing is encouraged. Please ask permission to share a lane.
- Please circle swim when more than one person is in a lane.
- Non-lifeguard approved floatation devices such as rafts, inflatables, arm wings, baby seat floats, backpacks or monofins (mermaid tail) are not permitted in the pools at anytime.

- Adult lap is for participants 18 years and older.
- Open lap is for all ages 10 & older; Open lap swimmers 10-12 years old must be accompanied by an adult.
- Family Swim is for all members regardless of age.
- Family Swim- all youth 12 & younger must be accompanied by an adult and must remain in the pool area. All swimmers ages 12 & under must successfully complete our YMCA's swim test to swim in the deep end.
- Family Swim-All non-swimmers must remain in the shallow end within arm's reach of an adult. If child is unable to stand in the shallow end a coast guard approved lifejacket must be worn (please bring your own).
- Family Swim-Infants/Toddlers who are not potty trained must wear a fitted plastic covering over all disposable swim diapers.