

REC ROOM April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4	5	6	7	8
9	10 Ping Pong Tournament 4pm- 5pm	11	12	13	14 BINGO! 5:30pm- 6:30pm	15 Saturday Morning Cartoons 10am- 11:30 am
16	17 Montclair spring break Mucho Uno	18 MTC Spring break 2k Tournament	19 MTC Spring Break Art Workshop 3:00pm- 4pm	20 MTC Spring Break Sharades	21 MTC Spring Break Family Game Night 6:30pm- 8pm	22
23	24 DIY Art 5pm-6pm	25 Peace and Puzzles	26	27	28 Karaoke 5pm- 6:30pm	29 Peace and Puzzles
30						

R.E.C. Descriptions

Make it Monday- Mondays is set aside for awesome do it yourself projects! What you make-you take!

Mucho Uno- UNO is a favorite! Tournaments to be held to see who the reigning Queen/King will be!

Trivia Tuesday- Put your knowledge to the test. Trivia fun with prizes.

Kreate with Kristen- Cartooning, self portraits, painting and so much more! No experience necessary but note this class is more than paper and paint!

Ping Pong Tournament- a game of skills and speed plus accuracy. Fun and fitness combined. Sign up for a tournament by 1/4/2017.

Karaoke- Unleash your inner superstar! American Idol wannabes or just for fun.

Bling and Baubles- make your own earrings, necklaces, rings, and bracelets. Even learn how to add a little bling to almost anything.

PJs and Pancakes- Rock your pajamas and enjoy a morning of games, movies, and making delicious pancakes. Space is limited so don't miss the registration date. It's going to be a treat!

Social Sundays- One Sunday of the month we discuss ideas and implement ways in which we can help our community. Social responsibility starts young.

Free Throw Frenzy- can you make your way on our leadership board for most shots? Medals awarded to high scorers! Sign up is open until the day before.

Family Fun Friday- Challenge your mom to a game of Foosball, or challenge your dad to a game of Ping Pong. Kick off the weekend right at the R.E.C Room and enjoy an evening of music, games, and movies. See you there!

Pizza & Paint - The R.E.C. Room presents Pizza & Paint night. The last Friday of the month come enjoy an evening of portrait painting, just like real artist! Pizza and beverages will be provided. Space is limited make sure you sign up!

Family Game Time- Saturday mornings are great for family fun. After breakfast head over to the Y for some classic games of Jeopardy, Family Feud, Name that Tune and more.

Wii Wednesdays- Come the R.E.C Room and get ready for lot of fun!! Tournaments on games such as Wiii Sports, Wii Play, Wii Resort, and Mario Kart.

TEENS AND TRAINING

Meets Wednesdays 4:45-5:45 p.m

February 22: Tweet/Snap/Text: Social Media

March 1: Future Forecasts: Job Skills

March 8: Future Forecasts: Continued

March 15: Show Me The Money!!!: Budgeting

March 22: Get Your Eat On!: Nutrition *Special Guest*

March 29: Type A or B? Different Personalities

April 5: Say What? Listening Skills

April 12: Trust Me! Learn How To Be Trustworthy

April 26: Addictions. Tobacco, Alcohol, and Drug Awareness

May 3: Survivor Skills: Basic Skills For Teen Survival

May 10: Speak Up! Suicide Prevention

May 17: How Similar Are We? Disabilities (Physical, Mental, Emotional)

LADIES LOUNGE TOPICS

Tuesdays 4:30-6:00 P.M.

February 21- March 18th

Growing Up! Girls will look at finding their talent. What do you want to be when you grow up? We will talk about college, entrepreneurship, exploring our skills further with quizzes and activities.

Girls Going Green! The girls will talk about 10 ways we can all "Go Green", minimizing our carbon footprint, protecting our environment, and recycling.

Life Skills - The girls will learn about managing money, setting goals for us, time management, and priorities. We will do some activities and watch topic related videos.

Parents- As we grow into our teen years, sometimes we feel parents don't quite understand us. In this session, we will talk about how to "Avoid Avoidance", opening up to our parents, dealing with topics like divorce, remarriage, and everything in between.

Let Your Creativity Flow! This will be a fun session. We will boost our creativity by making our very own jewelry. This session will be more lax, as the girls will be leading the group with discussion of what they feel needs to be talked about as girls.

PERSONALITY! How can we become a team player? How can we see the glass half full? Girls will look at how to stay motivated, goal oriented, and how to take humility and embarrassing moments in stride.

Stay Healthy! We will learn about healthy eating and hygiene. Other topics covered will be about learning to let things go and how to handle stress.

Serious Topics- This session will be about more serious topics such as being lonely, depression, sticky situations, plagiarism, and more.